

*“Committed to His Will,  
His Way, and His Word”*



# Mount Olive Baptist Church Announcements October 29, 2023



## Our Vision Statement

<sup>18</sup>“The Spirit of the LORD is upon Me, Because He has anointed Me To preach the gospel to the poor; He has sent Me to heal the broken-hearted, To proclaim liberty to the captives And recovery of sight to the blind, To set at liberty those who are oppressed; <sup>19</sup>To proclaim the acceptable year of the LORD.” Luke 4:18-19 (NKJV)

It is the vision of Mount Olive to be a church that is intentional in its efforts to identify and meet the needs of broken, hurt and oppressed people in the greater Glen Allen area through the message and ministry of Jesus Christ.

### MOBC CORE VALUES

1. Radical Hospitality
2. Passionate Worship
3. Intentional Faith Development
4. Risk-Taking Mission & Service
5. Extravagant Generosity

### Adult Zoom Sunday School

8:30 AM

**Lesson: “Josiah Brings Reform”**

2 Kings 22:8-10; 23:1-3, 21-23

**Teacher:** Dea. Joseph Starks

**Call in Number:** 1-301-715-8592

**Meeting ID:** 896 4489 9495

**Passcode:** 674074

### Intercessory Prayer via Conference call:

Wednesdays — 6:00 AM - 7:00 AM

**Call in Number:** 1-978-990-5085

**Access Code:** 8837843

Your giving is important and needed.

3 Ways to Give

Online Giving Link:

<https://www.mobcva.org/give>



**Text2Give**

**Mail in:**

8775 Mt. Olive Ave., Glen Allen, VA 23060

## 2023 Theme:

### The Year of



Isaiah 40:31 (NKJV)

“But those who wait on the Lord. Shall renew their strength;  
They shall mount up with wings like eagles,  
They shall run and not be weary, They shall walk and not faint.”

## Today At Mount Olive

### MORNING WORSHIP SERVICE

Inhouse - No Capacity Limit &  
via Livestream/Facebook/YouTube

10:00 AM

### CHESTNUT GROVE NURSING HOME

Rev. Patricia Ellis

1:00 PM



## This Week At Mount Olive

Wednesday, November 1st

Prayer & Praise

Inhouse/Livestream/Facebook/YouTube

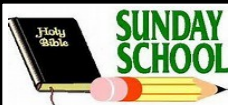
7:00 PM

# MOBC COMMUNITY NEWS!!

## SEASON OF KINGDOMTIDE

August 27 — December 2, 2023  
(Pulpit Attire is Green)

**KINGDOMTIDE** runs from August 27th until Advent. Kingdomtide is the newest of the seasons, dating no farther back than the late 1930's. Kingdomtide gives place for due attention to the eternal presence of Christ and His Kingship — with the parallel emphasis upon our stewardship. Its emphasis on the kingship of Christ and His kingdom, challenges us in our daily lives and in every area of our existence. The color of **KINGDOMTIDE** is **GREEN**. The color **GREEN** symbolizes growth.



**SUNDAY SCHOOL**



**READ THE BIBLE  
IN ONE YEAR**

### Uncovering the Benefits of Precepts: The Entire Bible in One Year

The 2023–2024 Sunday School Precepts for Living is designed to help you read through the entire Bible in one year. The goal is to equip the Church in the study and communication of God's Word. This year's Precepts includes a lesson from every book of the Bible and a reading guide that will help you read through the Bible in one year.

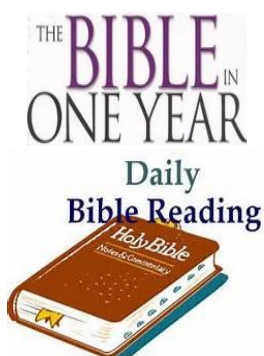
#### NEXT WEEK'S LESSON:

**November 5, 2023**

**"The Ark Comes to Jerusalem"**  
1 Chronicles 15:1-3, 14-16, 25-28

King David was seeking to deliver the Ark of the Covenant to a temporary tent where it would be housed. The ark itself is a symbol of the importance of worship in the lives of God's people.

- \* **MONDAY: Deuteronomy 17-20**
- \* **TUESDAY: Deuteronomy 21-23**
- \* **WEDNESDAY: Deuteronomy 24-27**
- \* **THURSDAY: Deuteronomy 28-29**
- \* **FRIDAY: Deuteronomy 30-31**
- \* **SATURDAY: Deuteronomy 32-34**
- \* **SUNDAY: Joshua 1-4**



## HOW TO ACCEPT JESUS CHRIST INTO YOUR HEART

Perhaps while reading the announcements you realized you have never made a Christian commitment. Don't delay that decision! We encourage you to embrace God's love today and receive the salvation that only Jesus Christ gives. Here are five simple steps you can take to find assurance of salvation.

1. **Recognize your need.** The Bible tell us that "all have sinned and fall short of the glory of God." (Rom. 3:23) All of us are sinners, and we must admit our need for a Savior.
2. **Repent of your sins.** Our sins create a wall that separates us from God. By confessing our sins and turning from them, you will find forgiveness. The Bible promises: "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness" (1 John 1:9).
3. **Believe in Jesus.** God sent His only Son to die so that He could pay for all our sins. Put your faith in Him and believe in His power to save you. The Bible says, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life" (John 3:16).
4. **Receive His salvation.** God has given us a great gift in His Son, but we must receive His gift. Thank Him for loving and forgiving you, and ask Him to live in your heart. His promise to us is clear: "But as many as received Him, to them He gave the right to become children of God" (John 1:12).
5. **Confess your faith.** The Bible assures us: "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised Him from the dead, you will be saved" (Rom. 10:9). You have been born again and are now part of God's family. Tell some one else what Jesus has done in your life!

**Heavenly Father,** I now understand my need to have my sins forgiven. I also realize that only Jesus — because of His sacrifice on the cross — can forgive my sin. I put my faith and trust in Jesus today. Please forgive me and become the Lord of my life.

#### Sermon Highlights

**October 22, 2023**

**Sermon Title:** "Lord Knows I Shouldn't Have Done That"

**Text:** 1 Samuel 24:1-15

**Main Idea:** What David did bothered him. So he said to himself, "Lord knows I shouldn't have done that." There are three reasons why David meant what he said. The sincerity of David's statement is shown by:

- Main Point:**
1. The comprehension of his actions.
  2. The confession of what he had done.
  3. His commitment to do better.

## HOPE Biblical Encouragement Ministry



**E**ncouragement  
**N**ugget



**And He said to me, "My grace is sufficient for you, for my strength is made perfect in weakness." Therefore most gladly I will rather boast in my infirmities, that the power of Christ may rest upon me.**  
**11 Corinthians 12:9**

# MOBC COMMUNITY NEWS!!

## November Events

- Nov. 04** Health Ministry  
Diabetes Seminar  
via Zoom @ 10:00 AM
- Nov. 05** VA One Church One Child Celebration  
via Livestream/Facebook/YouTube  
10:00 AM
- Nov. 07** General Election  
Polls Open  
6:00 AM
- Nov. 11** Domestic Violence Workshop  
via Zoom @ 9:00 AM
- Nov. 18** USDA Household Food Distribution  
Drive Thru @ 12:00 Noon
- Nov. 19** Men's Day Celebration  
via Livestream/Facebook/YouTube  
10:00 AM

### Guest Preacher:

Rev. Dr. James L. Sailes, Pastor  
Antioch Baptist Church, Richmond, VA

- Nov. 21** Pre-Thanksgiving Worship Service  
Sponsored by  
Henrico Ministers' Conference & Vicinity  
via Livestream/Facebook/YouTube  
at Quioccasin Baptist Church, Richmond, VA  
7:00 PM

### Guest Preacher:

Rev. Les Venable, Pastor  
New Elam Baptist church, New Kent, VA

- Nov. 22** No Wednesday Evening Bible study

**Church Office and Buildings  
will be closed for the  
THANKSGIVING HOLIDAY  
November 23rd & November 24th**

## General Election!

The last day to vote early/absentee is  
**Saturday, Nov. 4, 2023**

**ELECTION DAY**  
**Tuesday, Nov. 7, 2023**  
**Polls Open 6:00 AM**  
**Polls Close 7:00 PM**



## Ministry Leaders

We need your 2024 ministry contact information. All ministry leaders should have received an email request for their 2024 ministry officers. Please complete the required ministry information and return through email by November 15th. If you have not received the email, please contact the church office at (804) 262-9614.

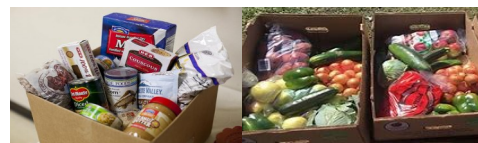


**Girl Scouts**  
**TROOP 5436**



Girl Scout Troop 5436 is registering for the 23-24 program year. We are currently accepting new girls from Kindergarten to high school. If your family and daughter are interested please contact Sis. Tyee Mallory at [tyee.mallory@gmail.com](mailto:tyee.mallory@gmail.com) or text her at 804-901-4934 for more information.

## COMMUNITY FOOD GIVEAWAY SCHEDULE



**Saturdays @ 12:00 PM**

**FREE TO ALL!**

## INTERCESSORY PRAYER Sick & Shut-ins

Behold, I am the LORD, the God of all flesh. Is there anything too hard for Me?  
Jeremiah 32:27

Robert Ashe  
Jean Barber  
Richard Blount  
Olivia Daniels  
James Debnam  
Dea. Kevin Dunigan



Sheri Eldridge  
Rev. AnnMarie Franklin  
James Harvey, Jr.  
Cecil Lipscomb  
Eva Parker  
Jeanne Robinson



## Bereavement and Healing Support Ministry



**"Grief is a painful experience after any significant loss  
engaging our body, mind, emotions, and spirit."**

For those who are experiencing grief, the Bereavement and Healing Support Ministry is here to assist you and your family through your stages of grief. Also, we are seeking new members to join our Bereavement and Healing Support Ministry. Interested persons should contact the church office at (804) 262-9614.

# Health Ministry Presents

Managing Diabetes during the Holidays

**Saturday, November 4**

10 AM – 12 PM via Zoom

To Register: Email Sis. Stacy Jones  
at [smjonesmsn@gmail.com](mailto:smjonesmsn@gmail.com)

Or

Call the church office at  
804-262-9614

To Join Zoom:

Call In: 305-224-1968

Meeting ID: 846 7911 0527

Passcode: 229119



Dr. Adraine Lyles, PharmD, BCPS  
Certified Diabetic Educator

# MOUNT OLIVE BAPTIST CHURCH

8775 Mount Olive Avenue, Glen Allen, VA  
Rev. Darryl G. Thompson, Pastor



# MEN'S DAY

## CELEBRATION

NOVEMBER 19TH, 2023



10:00 AM

**Theme:**

**"Men Standing Strong Together"**

Ephesians 6:10

**Guest Preacher:**

**Rev. Dr. James L. Sailes, Pastor  
Antioch Baptist Church  
Henrico, VA**





Renewed Young Adult Ministry is looking to collect the items listed below. These items will help to provide blessing bags to those in need. Please select an item or two and place them in the bin outside of the church office by 11/29. Thank you in advance for your support!

### Items we need donated:

- Gallon Ziploc Bags
- Deodorant
- White Socks
- Disposable Razors
- Toothpaste/Toothbrushes
- Bar Soap/Wash cloths
- Mouthwash - without alcohol
- Unscented lotion
- New Gloves
- New Hats



- Applesauce (single serving container or pouch)
- Pretzels (single serving bags)
- Cheese crackers (single package)
- Granola Bars
- Canned Tuna or Canned Chicken (Pouches)

### CALLING ALL YOUNG ADULTS!!!!

Join us on FRIDAY, DECEMBER 1, as we stuff the blessing bags! We also invite you to bring a dish to share for our end of the year potluck! Scan the QR Code below to sign-up! (Ages 18-40)



**MOUNT OLIVE BAPTIST CHURCH**  
8775 Mt. Olive Avenue, Glen Allen, VA  
Rev. Darryl G. Thompson, Pastor

**BEREAVEMENT & HEALING SUPPORT MINISTRY**

**PREPARING FOR THE HOLIDAYS**

*Candlelight*

**SERVICE OF  
REMEMBRANCE**

**SUNDAY, DECEMBER 10TH  
11:45 AM**

At this time of year we would like to take a moment to remember those who have died. The death of a loved one is difficult at any time, but during the Holidays it can be particularly hard. While only time will ease the pain of grief, knowing you are not alone and remembering your loved one may provide some comfort to you during the holiday season.

Please join us in person or via Livestream to honor the memory of your deceased loved one in a Candlelight Service of Remembrance. There will be a tribute to your loved one during our Remembrance service.

To participate in the tribute to your loved one, please submit the name and a picture of your deceased loved one to Rev. Allison Roldan at [secretary@mobcva.org](mailto:secretary@mobcva.org) by Sunday, November 26, 2023. If you have submitted a picture in the past, and would like to be included in this year's Candlelight Service of Remembrance, you do not need to submit a picture. Just call the church office and let us know to include your loved one in this year's service.

Pastor Thompson and your Mount Olive Family are praying for your comfort and peace during this Holiday Season.



**Est. 1867**

**Mount Olive Baptist Church**  
8775 Mt. Olive Avenue  
Glen Allen, VA 23060  
Phone: (804) 262-9614 Fax: (804) 262-2397



**CHURCH STAFF Directory**

Rev. Darryl G. Thompson, Pastor  
(804) 495-5951 (C)  
**E-mail: (Pastor) - pastorthompson@mobcva.org**

Church Administrator: Sis. Martha Styles  
**E-mail: Churchadm@mobcva.org**

Administrative Assistant: Rev. Allison D. Roldán  
**(Office E-Mail) - Secretary@mobcva.org**

Director of Christian Ed.: Rev. Deborah A. Simmons  
**E-Mail: ChristianEd@mobcva.org**

Director of Music: Bro. Richard D'Abreu, Jr.  
**E-Mail: Rdabreu@mobcva.org**

Minister of Children & Youth: Rev. Benny T. Cook, Jr.  
**E-Mail: Bcook@mobcva.org**

Financial Secretary: Sis. Joy Walton  
**E-Mail: Finance@mobcva.org**

Custodian (Day): Position Available

Custodian (Evening): Mr. Jerome Allsbrooks  
**(804) 350-2283**

<b>Office Hours:</b> Monday - Friday 9:00 a.m. - 5:00 p.m.	<b>Pastor's Appointment Hours:</b> Monday - 2:00 p.m. - 7:00 p.m. Tuesday - 10:00 a.m. - 3:00 p.m.
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**On Call November 2023**

**Deacon on Call**  
Haywood Barney.....798-6501  
Erasmus Brown.....553-0334

**Deaconess on Call**  
Gilda Moss..... 747-4973  
Bianca Robinson.....757-773-2437

**Trustee on Call**  
Eric Smith.....357-6194  
Reamous Gunn.....426-6327  
Korey Lewis.....426-3947

**Associate Minister on Call**  
Rev. Evelyn Beard.....306-2643

**Bereavement Support on Call**  
Sandra Morris.....304-3028  
Rev. Allison Roldán.....767-9562

**CHILDREN & YOUTH SUNDAY SCHOOL**

**In-House for all Classes Every Sunday**

**8:30 AM - 9:30 AM Education Wing**

**Children's Church**  
2nd, 3rd, & 5th Sundays  
During Morning Worship

**DOMESTIC VIOLENCE SUPPORT**

Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.  
**National Hotline 800-799-7233**

**VIEW MOUNT OLIVE WEEKLY ANNOUNCEMENTS ON THE WEB**  
Go to:  
[www.mobcva.org](http://www.mobcva.org)  
Then click on Weekly Bulletin.

**online GIVING**  
easy. fast. effective.

**TEXT2GIVE**

**Find us on Facebook**

**You Tube**

**twitter**

**AUDIO Morning Worship**

**10:00 AM**

Dial In: 1 (646) 876-9923  
Member ID: 884-1429-4501  
Passcode: 545543

**CHOIR Rehearsal**

**Young Adult Praise**  
6:30 PM  
Tuesday, Oct. 31st

**Thursday, Nov. 2nd**  
Olive Branches @ 5:30 PM  
Young Adult Praise @ 6:30 PM

**ANNOUNCEMENTS DEADLINE:**

Deadline for bulletin and media information is 12:30 p.m. each Wednesday. Please email information to: **Secretary@mobcva.org** or call the church office at (804) 262-9614.

*Thank You!*

Thanks and appreciation have been expressed by:

**Sis. Catherine Crump & Family**

All thank you acknowledgements are posted on the bulletin board outside of the church office.

**Enter His Gates with Thanksgiving and His Courts with Praise....**

Psalm 100:4  
Please Reverence the House of God:

- \* Enter to Worship
- \* Connect with the Spirit of God
- \* Meditate on God's Word
- \* Focus on God's Glory
- \* Welcome God's Presence
- \* Invite God into your life today
- \*Honor God with the fruit of your lips.





*Let all things be done decently and in order. 1 Corinthians 14:40*

**Please refrain from eating, drinking and talking on cell phones in the sanctuary.**






# October Events 2023



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1 <b>Sunday School @ 8:30 AM</b></p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p><b>Morning Worship Service</b> In-House/Live Stream/Facebook/YouTube 10:00 AM</p> <p style="background-color: #e91e63; color: white; padding: 2px; text-align: center;"><b>Wear Pink Sunday</b></p>	<p>2</p>	<p>3</p>	<p>4 <b>Intercessory Prayer</b> via <b>Conference call:</b> 6:00 AM - 7:00 AM</p> <p><b>Call Number:</b> 1-978-990-5085    <b>Access Code:</b> 8837843</p> <p><b>Prayer Service</b> Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>	<p>5</p>	<p>6</p>	<p>7 <b>Food Distribution</b> MP Building 12:00 PM</p> <p>Olive Branches Youth Ushers 10:00 AM</p>
<p>8 <b>Sunday School @ 8:30 AM</b></p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p><b>Morning Worship Service</b> In-House/Live Stream/Facebook/YouTube 10:00 AM</p>	<p>9</p>	<p>10 <b>Trustee Ministry</b> Via Teleconference 7:00 PM</p>	<p>11 <b>Intercessory Prayer</b> via <b>Conference call:</b> 6:00 AM - 7:00 AM</p> <p><b>Call Number:</b> 1-978-990-5085    <b>Access Code:</b> 8837843</p> <p><b>Bible Study</b> Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>	<p>12 <b>Deacons Ministry</b> 7:00 PM</p>	<p>13 <b>Children &amp; Youth Ministry</b></p> <div style="text-align: center;">  <p><b>Movie Night</b></p> </div> <p>6:00 PM</p>	<p>14 <b>Food Distribution</b> MP Building 12:00 PM</p>
<p>15 <b>Sunday School @ 8:30 AM</b></p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p><b>Morning Worship Service</b> In-House/Live Stream/Facebook/YouTube 10:00 AM</p> <div style="text-align: center;">  <p><b>RENEWED YOUNG ADULT SUNDAY</b></p> </div> <p><b>Guest Preacher</b> Rev. Alvin Hill, Pastor The Christian Community Church Warsaw, VA</p>	<p>16 <b>Official Board Meeting</b></p> <p>via Zoom @ 6:00 PM</p>	<p>17 <b>Greeters Ministry</b> via Zoom 6:30 PM</p>	<p>18 <b>Intercessory Prayer</b> via <b>Conference call:</b> 6:00 AM - 7:00 AM</p> <p><b>Call Number:</b> 1-978-990-5085    <b>Access Code:</b> 8837843</p> <p><b>Bible Study</b> Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>	<p>19</p>	<p>20</p>	<p>21 Olive Branches Youth Ushers 10:00 AM</p> <p><b>Food Distribution</b> MP Building 12:00 PM</p>
<p>22 <b>Sunday School @ 8:30 AM</b></p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <div style="text-align: center;">  </div> <p><b>Morning Worship &amp; Communion Service</b> In-House/Live Stream/Facebook/YouTube 10:00 AM</p> <p style="background-color: #e91e63; color: white; padding: 2px; text-align: center;"><b>Domestic Violence SUNDAY</b></p>	<p>23 <b>Church Quarterly Meeting</b></p> <p>Sanctuary 7:00 PM</p>	<p>24</p>	<p>25 <b>Intercessory Prayer</b> via <b>Conference call:</b> 6:00 AM - 7:00 AM</p> <p><b>Call Number:</b> 1-978-990-5085    <b>Access Code:</b> 8837843</p> <p><b>Bereavement &amp; Healing Support Min. Presents "PROBATE"</b></p> <p>Inhouse/Livestream/Facebook/YouTube 7:00 PM</p> <p><b>Guest Facilitator</b> Heidi Barshinger, Clerk Henrico Circuit Court</p>	<p>26</p>	<p>27 <b>Children &amp; Youth Ministry</b></p> <div style="text-align: center;">  <p><b>FALL HARVEST FESTIVAL</b></p> </div> <p><b>Fun, Food, &amp; Fellowship</b> 6:00 PM - 8:00 PM</p>	<p>28 <b>USDA Food Distribution</b> MP Building 12:00 PM</p>
<p>29 <b>Sunday School @ 8:30 AM</b></p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p><b>Morning Worship Service</b> In-House/Live Stream/Facebook/YouTube 10:00 AM</p>	<p>30</p>	<p>31</p>				

# 2023 November events calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>November 5th</b> <b>FALL BACK</b> End of Daylight Saving Time Turn clocks back one hour at 2 a.m.</p>			<p>1 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM</p> <p>Call Number: 1-978-990-5085    Access Code: 8837843</p> <p>Prayer &amp; Praise Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>			<p>4 Food Distribution MP Building 12:00 PM</p> <p>Diabetes Seminar via Zoom 10:00 AM - 12:00 AM</p>
<p>5 <b>Daylight Savings Time Ends</b></p> <p>Sunday School @ 8:30 AM</p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p>Morning Worship Service In-House/Live Stream/Facebook/YouTube 10:00 AM</p> <p><b>VA One Church One Child</b></p>		<p>7 <b>Election Day</b> MP Building Polls Open 6:00 AM - 7:00 PM</p>	<p>8 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM</p> <p>Call Number: 1-978-990-5085    Access Code: 8837843</p> <p>Bible Study Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>			<p>11 Domestic Violence Zoom Workshop 9:00 AM - 11:00 AM</p> <p>Food Distribution MP Building 12:00 PM</p>
<p>12 Sunday School @ 8:30 AM</p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p>Morning Worship Service In-House/Live Stream/Facebook/YouTube 10:00 AM</p>		<p>14 Trustee Ministry Via Teleconference 7:00 PM</p> <p>Greeters Ministry via Zoom 6:30 PM</p>	<p>15 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM</p> <p>Call Number: 1-978-990-5085    Access Code: 8837843</p> <p>Bible Study Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>	<p>16 Deacons &amp; Deaconesses Joint Meeting 7:00 PM</p>		<p>18 USDA Food Distribution MP Building 12:00 PM</p>
<p>19 Sunday School @ 8:30 AM</p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p>Morning Worship Service In-House/Live Stream/Facebook/YouTube 10:00 AM</p> <p><b>Men's Day Celebration</b></p> <p>Guest Preacher: Rev. Dr. James L. Sailes, Pastor Antioch Baptist Church, Henrico, VA</p> <p><i>Baby Dedication</i></p>	<p>20 Deaconess Ministry MP Building Room #1 6:30 PM</p>	<p>21 <b>Pre-Thanksgiving Worship Service</b> Sponsored by Henrico Ministers' Conference @ Quiocassin Baptist Church Richmond, VA 7:00 PM</p> <p>Guest Preacher: Rev. Les Venable, Pastor New Elam Baptist Church New Kent, VA</p>	<p>22 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM</p> <p>Call Number: 1-978-990-5085    Access Code: 8837843</p> <p><b>No Bible Study</b> Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>		<p>24 <b>CHURCH OFFICE AND BUILDINGS CLOSED</b></p>	<p>25 <b>No Food Distribution</b></p>
<p>26 Sunday School @ 8:30 AM</p> <p>Call in Number: 1-301-715-8592 Meeting ID: 896 4489 9495 Access Code: 674074</p> <p>Morning Worship &amp; Communion Service In-House/Live Stream/Facebook/YouTube 10:00 AM</p> 			<p>29 Intercessory Prayer via Conference call: 6:00 AM - 7:00 AM</p> <p>Call Number: 1-978-990-5085    Access Code: 8837843</p> <p>Bible Study Inhouse/Livestream/Facebook/YouTube 7:00 PM</p>			



## ***What Is Domestic Violence***

*Domestic violence is a pattern of behaviors used by one partner to maintain power and control over another partner in an intimate relationship. It is a serious problem that affects many families and does not only refer to physical violence, but also can include things like threats, unwanted contact, insults, forced sex, isolation, financial control, emotional, and/or verbal abuse.*

*Domestic, or intimate partner, violence can affect every part of a person's life. Between 21-60% of domestic violence, survivors lose their jobs due to reasons stemming from the abuse. These survivors lose a total of 8 million days of paid work each year collectively. This issue also has a negative effect on our society as a whole – the cost of domestic violence exceeds \$8.3 billion annually.*

*While not all of us have been exposed to domestic violence personally, data from the National Intimate Partner and Sexual Violence Survey shows that on average, "20 people per minute are victims of physical violence by an intimate partner in the US." Estimates suggest that domestic violence from an intimate partner affects all genders. 1 in 4 women and 1 in 8 men in Virginia will experience domestic violence in their lifetime.*

*In many domestic violence cases, children have been impacted as well as adults. Up to 10 million children and youth witness domestic violence in their homes each year. This exposure can have a long-lasting impact. Children who are exposed may become fearful and anxious. They are often on guard, never knowing what may trigger the abuse to occur, and therefore never feel safe. Children in these situations often feel worthless and powerless.*

*One big problem faced by those working to end domestic violence is the fact that people know that it's common, but often don't know what to do if they suspect someone, they know is a victim of domestic violence. For ways to support a friend or loved one, [click here](#).*

*Domestic Violence Awareness Month takes place every October and is a great time to get involved and make a change if you're passionate about ending violence in the home. Some of the ways you can participate include wearing purple, organizing an event, attending an event, spreading the word, and sharing your story if you've experienced domestic violence firsthand or lost a loved one to it.*

*For ways to support Safe Harbor and the families we serve, visit our website:  
[www.safeharborshetler.com](http://www.safeharborshetler.com)*

*If you are currently experiencing domestic violence, know that there are many resources available and that there is a way out.*

*Call our EmpowerNet hotline 804-612-6124 or visit our website [www.safeharborshelter.com](http://www.safeharborshelter.com)*



## What is Breast Cancer?

Breast Cancer is a disease in which malignant (cancer) cells form in the tissues of the breast.

## Did You Know These Facts About Breast Cancer?

- 1 in 8 women in the US will be diagnosed with breast cancer in her lifetime.
- Breast cancer is the most commonly diagnosed cancer in women.
- Breast cancer is the second leading cause of cancer death among women.
- Although breast cancer in men is rare, an estimated 2,470 men will be diagnosed with breast cancer and approximately 460 will die each year
- Over 3.3 million breast cancer survivors are alive in the United States today

## Signs/Symptoms

- Lump in the breast
- Breast/nipple tenderness
- Thickening of an area of the breast or around the nipple
- Dimpling anywhere of the breast
- Nipple discharge
- Asymmetry of the breast
- Inverted nipple

## Diagnosis

Breast cancer can be diagnosed through multiple tests, including a mammogram, ultrasound, MRI, and biopsy.

## Prevention

When breast cancer is detected early and is in the localized stage, the five-year survival rate is 100%. Early detection includes doing monthly breast self-exams, scheduling regular clinical breast exams, and mammograms.

Awareness of the symptoms and the need for screening are important ways of reducing the risk. Many breast lumps are not cancerous, but any woman who is concerned about a lump or change of their breasts, should see a doctor.

For more information, please visit [www.nationalbreastcancer.org](http://www.nationalbreastcancer.org) or [www.medicalnewstoday.com](http://www.medicalnewstoday.com)

# General Election 2023

The General Election will be held on November 7, 2023. For Henrico County residents you will be voting for the Virginia Senate, Virginia House of Delegates, Board of Supervisor, Clerk of the Court, School Board, Commonwealth Attorney, Soil and Water Director, and Sheriff. Residents outside of Henrico County are encouraged to contact their respective county's Voter Registration Office as to exactly what is on your ballot. It is the desire of the Civic Ministry to provide you with the necessary information you will need regarding voting.

**Hours of Operation for Henrico County  
(other counties hours may vary)**

**Monday – Friday  
8:00AM – 4:30 PM**

**Absentee/Early Voting Begins**

**Friday, September 22, 2023**

**Deadline to register to vote, or  
update an existing registration**

**Monday, October 16, 2023  
DEADLINE: 5:00 PM**

**Last day to submit “Virginia  
Absentee Ballot Application Form”**

**Friday, Oct. 27, 2023  
DEADLINE: 5:00**

**Saturday Office Hours of Operation**

**Saturday, Oct. 28, 2023 and  
Saturday, Nov. 4, 2023  
Saturday hours 9:00 AM—5:00 PM**

**Last day to vote early/absentee  
in person at Election Offices**

**Saturday, Nov. 4, 2023  
DEADLINE: 5:00 PM**

**ELECTION DAY**



**Tuesday, Nov. 7, 2023  
Polls Open 6:00 AM  
Polls Close 7:00 PM**

**MOBC CIVIC MINISTRY**